

The Saint Isaac Jogues Athletic Board Committee is a non-voting entity governed by the Saint Isaac School Commission. The athletic program and this Board are under the jurisdiction of the Principal. The Athletic Board adopts Regulation 6510 and Appendix 6C in accordance to the Handbook of Policies, Diocese of Joliet, revised 2020.

The Athletic Board will assist the Principal and Athletic Director where needed. This Board may be dissolved at any time pursuant to the direction of the Principal.

## **Philosophy**

Catholic Schools provide for the development of the whole child. This includes education, spiritual, mental and physical areas. School athletics compliment Catholic teaching and provide an opportunity for students to be involved in physical and social activities. Athletics can teach good sportsmanship, including respect for self, team members, opposing team, officials and spectators. Additionally, athletics can build self-confidence and self-discipline, foster cooperation, encourage team loyalty and strengthen school spirit.

## **Coaches**

Each Coach, or their representative, will be asked to attend an information night to provide information for incoming 5-8<sup>th</sup> graders. Date to be set by Athletic Director and Principal.

## **Double-Goal Coach Approach**

St. Isaacs wants every Coach to strive to be a “Double-Goal Coach”

“The Positive Coaching Alliance” has developed the “Double Goal Coach” mental model. A Positive Coach is a “Double Goal Coach” who wants to win and has a second goal: to help develop positive character traits so players can be successful in life. Winning is important, but the goal of helping players learn life lessons is more important. A “Double Goal Coach” puts players first.

A “Double-Goal Coach” helps players redefine what it means to be a winner through mastery, rather than scoreboard results. A victory is thus a by-product of the pursuit of excellence. The focus is on effort and creates an environment in which players do not fear making mistakes. Coaches encourage players to strive to be the best people they can be.

A “Double-Goal Coach” is a positive motivator and understands that compliments and praise fill the athletes emotional tank. Truthful and specific feedback is given as is constructive criticism. Discipline is maintained in a positive manner and in adversity, a coach refuses to demean the athletes or the environment.

A “Double-Goal Coach” feels an obligation to the sport and understands the ROOTS model, which stands for respect, opponents, officials, teammates, one’s self. The rules are followed, recognition that worthy opponents will push the athlete to be the very best, officials are respected even when there is a disagreement on a call, athletes encourage each other and the athlete lives up to high standards.

## **Conduct**

### Coach Rule of Conduct

- 1) Coach may not come onto a court during a game, unless to help an injured player
- 2) Coaches must address players, referees, spectators respectfully during a game
- 3) Any Coach ejected from a game will have a mandatory meeting with the Athletic Director and Principal

### Players Rule of Conduct

- 1) Treat opponent with respect, shake hands, where applicable after contest
- 2) Respect judgment of officials
- 3) Represent St. Isaacs Jogues school and parish by displaying positive behavior
- 4) Play in a positive manner
- 5) Treat teammates and coaches with respect
- 6) SIJ practices and games take precedence over non-SIJ activities
- 7) Respect, listen to and learn from coaches
- 8) Any player ejected from a game will have a mandatory meeting with the Athletic Director and Principal

### Parents Rule of Conduct

- 1) Recognize the decision of the Athletic Director and Principal regarding coaches
- 2) Recognize the commitment and decisions of the coaches
- 3) Avoid calling out plays during games
- 4) Respect the decisions made by officials
- 5) Make no derogatory comments about players, coaches, parents
- 6) Wait 24 hour cooling off period after a game to talk to coach
- 7) Every family whose child is involved in sports as SIJ will be required to sign up for 2 volunteer experiences. Exceptions should be discussed with the Athletic Director and Principal

## **Player Eligibility**

- 1) Participating in sports is a privilege, not a right
- 2) Players who are suspended from school cannot participate in practices or games until the suspension has been served
- 3) Students who do not meet the academic eligibility cannot participate until they meet school requirements

- 4) Players absent due to illness may not participate in either a practice or a game on the same day.
- 5) Players who do not participate in physical education class for injury/illness may not participate or practice on the same day.

## **Board**

The Board is comprised of several committees. The Board is chosen by the Athletic Director and the Principal. Any parents of a student can apply to the Board. The tenure of a Board member is 2 years and applicants may reapply for a second term if so desired. All funds raised by the Board will be spent at the discretion of the Athletic Director and the Principal. The Board will meet several times a year to assess the need of the Athletic Director and sports teams.

Co-Presidents-appointed by the Principal and Athletic Director from the School Commission to oversee all committees and assist Athletic Director with events, support coaches where there is need.

Communications Chair-responsible for minutes, communicate to committees, work with SIJ social media position and photographers, sync sports calendar with school calendar, disseminate important game information through school email portal

Treasurer-SIJ Finance Manager

Merchandising Chair-works with Athletic Director, Athletic Coordinator, team coaches, and spirit store to order, fill and distribute team uniforms and team spirit wear and signs with SIJ preferred vendors.

Spirit and Volunteer Coordinator-assist coaches find team parents, assists in helping coordinate team events, locker signs, photography, and team "extras". Also helps the team parents facilitate volunteers to help with admission to events.

Sport Coordinator Liaison-works with each individual sport coordinator to assess their needs.

Spirit Events and Fundraising Chair-assist athletic director, where necessary, for Fall Pep Rally, Spring Event and meet the coaches event in spring.

## SIJ Parent Pledge

Parent Pledge to SIJ Athletics -To be initialed and signed each school year

1. I pledge to have my child to all practices and games on time. I also pledge to be on time to pick up my child from all practices and games. This shows respect for the coach's time and it shows that my child is my top priority.\_\_\_\_\_
2. I pledge to use positive encouragement to fill my child's "emotional tank." I understand the top 3 reasons kids play sports are: to learn a new skill set, to make new friends and to have fun. I understand the game is for the players and I will keep sports in proper perspective. \_\_\_\_\_
3. I pledge to "Honor the Game" by setting a good example for my child, I will show respect in words and actions for coaches, players, opponents, opposing fans, and officials. If an official makes a "bad" call, I will not involve myself.\_\_\_\_\_
4. I pledge to refrain from yelling out instructions to my child. I understand this is the coach's job. I understand that games can be chaotic and I will limit my comments. \_\_\_\_\_
5. I pledge to refrain from making negative comments about my child's coach or other teammates in the presence of my child. I understand this can plant a negative seed in my child's mind that can negatively influence my child's experience.\_\_\_\_\_

I will honor the Parents Pledge in my words and actions

\_\_\_\_\_

Parent signature

\_\_\_\_\_

Date

# SIJ Athlete Pledge

SIJ Athlete Pledge -To be initialed and signed each school year

- 1) I pledge to be a positive role model at all practices and games. I am a representative of St. Isaac Jogues, my community, my family and myself. \_\_\_\_\_
- 2) I pledge to use positive encouragement to my teammates, coaches and fans. I understand the top 3 reasons to play sports are: to learn a new skill, to make new friends and to have fun. I understand the game is for us and will keep sports in a proper perspective. \_\_\_\_\_
- 3) I pledge to "Honor the Game" by setting a good example for myself and other athletes. I will show respect in words and actions for coaches, players, opponents, opposing fans, and officials. If an official makes a "bad" call against my team, I will not involve myself. \_\_\_\_\_
- 4) I pledge to refrain from yelling out instructions to other athletes. I understand this is the coach's job. I understand that games can be chaotic and I will limit my comments. \_\_\_\_\_
- 5) I pledge to refrain from making negative comments about my coach or other teammates. I understand this can negatively influence my motivation and experience. \_\_\_\_\_

I will honor the Athlete Pledge in words and actions.

\_\_\_\_\_  
Athlete signature

\_\_\_\_\_  
Date